



My office is in my home at 1070 East Waldo Road, located 3 miles from downtown Belfast. . There's a white mailbox that says *MASSAGE*.

From the traffic light in downtown Belfast: Follow HIGH STREET north out of town (past the Colonial Theater), along the Rail Trail and river. (High St. becomes CITY POINT ROAD. Pass Head-of-Tide Road on your left at 2.4 m.) At 2.5 miles from the traffic light, bear left at the Y, onto East Waldo Road. (Brooks Preservation RR cars and the Rail Trail parking are just ahead on your right. If you cross the RR tracks you've gone too far.) My driveway is 1/2 mile up East Waldo Road, on the left.

From Northport: Follow Rte 1 N (pass exit for Rte 3 to Augusta) Take exit for BELFAST/ FREEDOM/ BROOKS/ Rte 137. At the end of exit ramp go straight for one block, then turn left on HIGH STREET.

From here it's about 2 miles to East Waldo Road. (*Pass Head-of-Tide Road on your left.*) Bear left at the Y, onto East Waldo Road. (Brooks Preservation RR cars and the Rail Trail parking are just ahead on your right. If you cross the RR tracks you've gone too far.) My driveway is 1/2 mile up East Waldo Road, on the left.

From Searsport: Follow Rte 1 South.

Cross bridge over Passagassawakeag River. Take next exit for BELFAST/ FREEDOM/ BROOKS/ Rte 137. At the end of exit ramp, turn left on HIGH STREET.

From here it's 1.8 miles to East Waldo Road. (*Pass Head-of-Tide Road on your left.*) Bear left at the Y, onto East Waldo Road. (Brooks Preservation RR cars and the Rail Trail parking are just ahead on your right. If you cross the RR tracks you've gone too far.) My driveway is 1/2 mile up, on the left.